



**PHYSICAL EDUCATION**

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**NATIONAL  
GEOGRAPHY  
&  
OKLAHOMA  
ACADEMIC  
STANDARDS**

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***SEE HOW GEOGRAPHY IS RELEVANT TO  
THE OKLAHOMA ACADEMIC STANDARDS  
FOR PHYSICAL EDUCATION!***

## 10: THE CHARACTERISTICS, DISTRIBUTION, AND COMPLEXITY OF EARTH'S CULTURAL MOSAICS

**Standard 3:** This standard brings awareness to the importance of healthy bodies and ways to achieve and maintain good health. Standard 3 emphasizes knowledge of fitness, nutrition, and physical activity as well as developmentally appropriate assessment of health-related fitness.

**Standard 4:** This standard focuses on the skills of developing personal responsibility, working independently, respect for others in physical activity contexts, and working safely in physical activity settings. This standard addresses the affective domain.

**Standard 5:** This standard identifies the reasons and benefits for participation in physical activity beyond the requirements set by the teacher. Enjoyment, challenge, confidence, success, health, mental health, and positive social interaction are addressed in Standard 5.

## 18: HOW TO APPLY GEOGRAPHY TO INTERPRET THE PRESENT AND PLAN FOR THE FUTURE

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